



scottish
spina bifida
association

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Copies of the Pilot Project Report "A Clinic
designed with me in Mind" can be
downloaded from the Scottish Spina Bifida
Association website at www.ssba.org.uk

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Healthy Living Project

GP Information Leaflet

The Scottish Spina Bifida Association.

Supporting, listening and helping children,
adults and their families with spina bifida,
hydrocephalus and related conditions.



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'Building a Health service Fit for the Future' (SEHD 2005) set out a plan for developing health care in Scotland that would deliver the best available care as close to the patient as possible, encouraging the NHS to work in partnership with a range of partners including the voluntary sector.

In 2007 the Association developed a pilot "Health Check and Healthy Living Project" for all users with spina bifida, hydrocephalus or related conditions which resulted in the publication of the Report "A Clinic designed with me in Mind" and the commitment to develop the project as one of a range of direct services offered by the Association.

The key drivers for the project are:

- to develop a partnership working model between our organisation and the NHS to enhance the patient experience.
- to develop an integrated social care and health care model which places the patient at the centre
- to develop the association's existing user database into a fully functional shared electronic patient record within which medical, nursing and family support notes are held
- to offer a co-ordinated and integrated care plan through the services of a key worker
- to encourage self management strategies
- to carry out a detailed "baseline" diagnostic assessment
- to develop a monitoring and review process.



The key to the success of the project is:

- partnership working with lead Consultants and allied health professionals from RHSC Yorkhill and our own nursing and family support staff
- the flexible utilisation of the Association's new purpose built Family Support Centre in Cumbernauld within which consultation rooms and telemedicine suite are available.



What does the Healthy Living Project offer you as a General Practitioner?

- a Patient Diagnostic Baseline Profile including Blood Pressure, Pulse, Temperature, Respiration, Weight, SpO2%, Height, Head Circ, Urinalysis
- additional Patient Information elicited from the Healthcheck questionnaire
- additional Patient Information gathered from Clinical, Nursing and Family Support notes
- partnership working between colleagues in Primary Care and the Association, and access to a wide range of Family Support Services, information and literature for Professionals
- regular exchanges of information and updates on progress.